



CNIA District 30

Newsletter

Volume 18, Issue 9

September 2011

Mark Your Calendar

Arnold Mountain High Speaker Meeting:

First Saturday, 4 pm, Villela Hall, Arnold

Valley Springs Fellowship Potluck

Speaker Meeting: Second Friday, 7 pm,

Daphne St., (brown building behind Vet's Hall), Valley Springs

District Business Meeting: Saturday,

September 10, 10 am, St. Matthews Church, San Andreas

Amador County Speaker Meeting, Third

Saturday, 8 pm, Jackson United Methodist Church

PI/CPC Committee: Wednesday, Oct. 12, 6

pm at Perko's in Jackson

SACYPAA Monthly Speaker Meeting:

Fourth Saturday, 8 pm, St. Mark's United Methodist Church, 2391 St. Mark's Way, Sacramento

H&I Committee Meeting, Amador: Second

Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

Fifth Annual Central Foothills Women's

Conference: Saturday, Oct. 1, 8:30 am to 4

pm, American Legion Hall, 12134 Airport Road, Sutter Creek

Unity Day: Saturday, Oct. 8, 10 am (district

meeting) noon (kick off), Mokelumne Hill Community Center, 8283 Main St., Mokelumne Hill

CNIA Election Assembly: Nov. 18-20,

Modesto Centre Plaza, 1000 L St., Modesto

Panel 62 Elections Coming in November

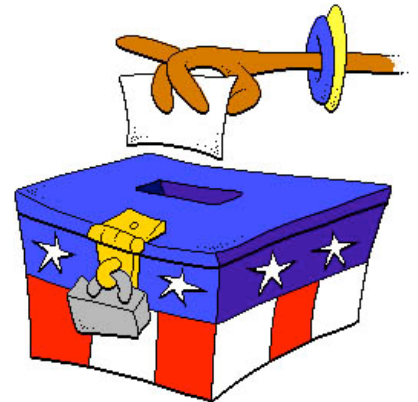
"I am going to be sorry when the panel ends," said one of the GSRs. "This has been really fun service. It totally expanded my AA circle. I made many new friends all over the state.

Yes, Panel 60 ends in December and new GSRs, district and area trusted servants, both elected and appointed, will begin taking over their responsibilities in January.

On the district level, we will be electing a new DCM, an alternate DCM, four Local Committee Members, a treasurer, and a recording secretary/newsletter editor. There will also be many appointed positions available – finance chair, Hotline chair, webmaster, publications chair, PI/CPC chair, archives chair, Unity Day chair, and *Grapevine* chair. The DCM elected in November will appoint people to these positions at the first meeting of the new panel, Panel 62.

The groups will also be electing new GSRs and alternate GSRs.

Elections will take place on November 12 at the regular district meeting, 10 am, at St. Matthews in San Andreas. These elections usually run very smoothly – with very little drama – because almost everyone runs



unopposed, it is rare not to achieve “substantial unanimity,” or 2/3 of the vote, on the first ballot.

Not so at area. If you have never attended an area election assembly, you should consider going to Modesto in November. It is a wonderful opportunity to see AA democracy in action. Many people offer their resumes for consideration and it is not unusual for there to

If neither candidate garners the 2/3 vote, the election “goes to the hat.” Both names are put into a hat and the name that is drawn out is declared the winner.

be a half dozen candidates for each position.

The resumes are read, and the first votes are taken by paper ballot. Each one is counted, as is the total number. If no one candidate receives a 2/3 majority of the ballots cast, the candidate receiving the fewest number of votes is dropped off the ballot and

the next vote is taken. The election continues in this way until there are only two names remaining.

If neither candidate garners the 2/3 vote, the election “goes to the hat.” Both names are put into a hat and the name that is drawn out is declared the winner. In this brilliant way, our higher power is allowed to decide the election, and no one goes home unhappy.

Doing service at the district and/or area level is an experience no one forgets. It’s frustrating sometimes because AA machinery moves so slowly, but that also ensures everyone gets a voice and that all decisions reflect an informed group conscience.

If you are interested in this extremely rewarding service beyond the group level, talk to your current GSR or one of the past DCMs – Greg A., Eileen H., Ralph H., to name a few. Or talk to the person currently serving in the position you might be interested in.

You will not be disappointed. ☺

As Bill Sees It . . .

(The following is an excerpt from an article entitled “AA’s Legacy of Service” by Bill W. written in 1951. The article serves as an introduction to The AA Service Manual.)

“Our Twelfth Step – carrying the message – is the basic service the AA Fellowship gives; this is our principal aim and the main reason for



our existence. Therefore, AA is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven’t been given the truth may die.

Hence, AA service is anything whatever that helps us to reach a fellow sufferer – ranging all the way from the Twelfth Step itself to a phone call and a cup of coffee, and to AA General Service Office for national and international action. The sum total of all these services is our Third Legacy of Service.

. . . whether performed by individuals, groups, areas, or AA as a whole, these services are utterly vital to our existence and growth.

(And from page 89 of the Big Book):

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our twelfth suggestion: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail. Remember they are very ill.

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends - this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives. ☺

Minutes for September 10

GSRs and trusted servants in attendance: Larry A., Deborah G., Shauna H., Jeannie E., John W., Laurese Mc., Donna S., John P., Wayne S., Jason R., Rich M., Lyn G., Randy S., Paul Sa., Steve H., Karin H., Lou G., Walter M., and Larry H. **Total:** 12 GSRs and alternate GSRs, 7 trusted servants.

Opening: Alternate DCM Larry A. opened the meeting at 10 am with the Serenity Prayer. Walter read the GSR preamble and John read the Declaration of Unity.

Deborah G. celebrates 9 years in sobriety this month.

Read and discussed *The AA Service Manual*, Chapter 6, "The Delegate," Pages S48 to S50. We will finish the chapter at the next meeting, pp. S50 to S53.

Consideration of the Minutes: Approved as written with one correction: Lou G. was incorrectly identified as Len G.

Old Business

Unity Day: The Mokelumne Hill Community Hall address is 8283 Main St. The Unity Day committee would like each group in the district to contribute a salad for the dinner. The price of the dinner will be \$5 per person, but there will also be a snack bar available. The Jackson Fellowship has made a contribution of \$25. People are still needed to do service setting up. If interested, please contact Chairperson Jeannie at 559-7991 or ud.dist30@gmail.com.

Election of New Panel: Trusted servant positions at both area and district will be voted on in November. Larry provided "Cliff notes" on the responsibilities of each elected trusted servant at the district level.

New Business

Meeting Security: The Valley Springs Fellowship is experiencing serious problems with security at meetings. Someone has been vandalizing cars in the parking lot and the property itself. Although it is known who this person is, they do not have eyewitness or other evidence so the authorities have been unable to act. People are staying away from the meetings

because of the problem. Several suggestions came up during the discussion: appointing an ad hoc committee to sit down with the sheriff to discuss possible solutions, contacting GSO in New York for advice, and stationing "look-outs" outside the meeting. Larry and Titia will bring the problem up at the next Area Committee Meeting.

Need for LCMs? The question was raised as to whether the LCM idea is working out. We have lost a couple. After some discussion, the consensus was that we should keep these positions. They are necessary to district unity and to ensuring information is carried to and from all groups in the district.

Trusted Servant and Committee Reports

Alternate DCM: Larry reported that he attended a Friday meeting at the Wellness Center in Martell, a meeting for alcoholics with other issues.

LCM San Andreas/West Point: All is well in my area. The two Monday meetings in San Andreas could use some support. Paul S., LCM



Treasurer: Group contributions were slightly lower in August. Among expenses was the printing cost for the directories of \$326. (This amount was well within budgeted guidelines. Thanks, Webmaster John!) The GSRs approved a two-year subscription to the *Grapevine* for \$52.15. During this time of year, our expenses are typically low. Thank you for allowing me to continue to serve the district, Laurese M. treasurer

Hotline: Hotline activity continues to be healthy. The answering service is kept up-to-date about meeting changes. This position will be coming available for the next panel. My support will be given to the person filling this position. Please consider being our Hotline Chair. Deborah G., Hotline chair

PI/PCP: The monthly meetings are back on the third Wednesday of each month – 6 pm for food and fellowship and 7 pm for the meeting. The September 24 meeting will be in Angels Camp at Rodz Grill on Main Street, just before the car parts store. The October meeting will be at Perko's in Martell. Everyone is welcome.

PI/PCP will participate at Mark Twain Hospital's fall health fair on October 1. This event is usually very well attended because many services are offered free of charge.

There will not be a PI/CPC workshop due to lack of both time and interest.

River Academy has already contacted John P. requesting a presentation anytime we can get a young person to share. John P. did a great job this past year and was well received.

My service as chair ends with the end of the Panel 60, December 31. Think about stepping up to a new area of service. Steve K. from Jackson has already expressed an interest in this appointed position.

I hope all of you had great summers and are looking forward to a spectacular fall. Thank you for allowing me to be of service, Donna S., chair



Webmaster/Directories: The September 2011 directories are here. Please sign the sheet next to the group you are representing. If you can take directories to other meetings that are not represented today, please do that. The fewer I take home the better! The next update will be in April 2012.

The total cost for printing 2750 directories by Mother Lode Printing was \$325.94.

Please, let me know of any meeting changes as soon as possible as I update the meeting directory on the district web site on a continuing basis and revised copies are also sent by email to the Hotline chair for distribution. The printable meeting directory in PDF format on the Web Site is also updated on a continuing basis. John P., webmaster

Liaison Reports

Gold Country Roundup: John P. reported that the last committee meeting before the Roundup is Tuesday, September 13, at 6 pm at the Senior Center in Jackson. Groups are asked to contribute baskets for the silent auction.

Adjournment

We collected the coffee contribution, recited the "Responsibility Statement," and adjourned at noon. The next meeting will be October 8 at the Mokelumne Hill Community Hall. Karin H., secretary

News from the Groups

Angels Camp 49ers Group: Our group is doing great. We are getting good attendance and we have had a few newcomers that are still coming back. Rick has done a great job as secretary. His term is coming to an end so we will be looking for a new secretary. Thank you for your service, Rick. It is greatly appreciated. All in all things are going great. Lou G., GSR

Arnold Thursday Night White Pines Group: All is well in White Pines. The room continues to be full with good mix of newcomers and old timers. Jenni has done a good job of getting a variety of speakers. Please come join us at 7:30 PM Thursday night in White Pines. Jason R., GSR

Arnold Mountain Women's Group: Our group remains solvent and well attended. I will make sure our group will be represented during Panel 62 elections in November. Also, that we are represented at Unity Day with a group salad. Thank you for allowing me to be of service. Jeannie E., GSR

Jackson Fellowship: The Jackson Steering Committee has approved a \$25 donation to help Unity Day. Both new and old meetings are well attended. Seventh Tradition contributions are up somewhat. We are discussing how to improve our birthday meeting (last Friday 7:30 PM) making it an event such as potluck. This discussion is still in its infancy. Thank you, Walter M., Alternate GSR

Jackson Rancheria Fellowship: As of Tuesday, September 6, the Rancheria

Fellowship meetings have been moved from the Conference Room to the Cloud Room at the hotel. The Cloud Room is where we originally started our meetings before we moved to the RV Park. Darryl C has filled the Tuesday 11:30 am secretary position. Debra is our new treasurer. Thank you, Larry H., GSR

Mountain Ranch Fellowship: All is well in Mountain Ranch. The Monday night book study group is now reading *Dr. Bob and the Good Old Timers*. Come up and join us and read about AA history. The Wednesday night meeting is doing well. Paul S., GSR

Murphys Brown Baggers: Coffee, cookies, fellowship, chairpersons, topics and discussion of solutions. Air conditioning, laughter and support. Sobriety, newcomers, visitors, birthdays and announcements. Seventh Tradition, sponsorship, service and hugs. The meeting is well and as meetings go in AA, it rarely gets any better than this. Randy S. GSR

Murphys Sisters in Sobriety Group: It is such a pleasure to be a part of a great group of women. We continue to have strong attendance numbers and there is so much long-term sobriety in this group. Our financial picture remains strong. Root beer floats were a nice treat for the month of August. Thank you for letting me be of service. Shauna H., GSR

Murphys There is a Solution Group: There has been very large attendance the past

few weeks, 38 to 40 people. The group continues to feed the spiritual development via the steps. No real problems or issues at the moment to report. The group is a pleasure to serve. Wayne S., GSR

Murphys Women’s Book Study Group: We are down to six people. I am retiring as GSR at the end of this panel. Everyone in the group has been a GSR already. Lyn G., GSR



Sutter Creek Men’s Group: The group continues to enjoy good attendance and great speakers. John W., GSR

Valley Springs Fellowship: Second Friday of each month is a potluck and speaker meeting. Last Monday of the month is birthday night. First Monday of the month is the business meeting from 5:45 to 6:30 pm. All meetings, with the exception of Monday and Thursday noon meetings, need support. We are having a “situation” with a (former?) member getting into verbal and physical conflicts with other members. His latest action has been to spray paint the fellowship hall with graffiti. We need some guidance in handling this situation. Steve H., GSR ☺

Treasurer’s Report for August

Income	As of August 11
Group Contributions	\$ 493.00
Coffee Collection at District Meeting	29.00
Total Income	\$ 522.00
Total Expenses	546.00
Income less Expenses	\$ (24.00)
	As of August 31
Checking Balance	\$ 5,815.02
Savings Balance	2,801.00
Total	\$ 24.02
Prudent Reserve	(\$2,500.02)
Available Funds	\$ 6,186.9



*Where's
it at?*

? Rule 62 ?

*What's
it mean?*

Hint: Look at Tradition Four in the 12 & 12

Mokelumne Hill Community Center

Mokelumne Hill, 95245
(Hwy 49 -Main Street-Downtown)

Snack Bar Open All Day



- 10:00 - 12:00 District 30 Business Meeting
- 12:00 - 12:30 Welcome and Kick Off
- 12:30 - 12:45 Newcomer Speaker TBA
- 12:45 - 1:15 "Jeopardy"
- 1:15 - 1:30 Break
- 1:30 - 2:15 Alanon Event TBA
- 2:15 - 2:30 "What's the Frickin Point Players"
- 2:45- 3:30 Speaker TBA
- 3:30 - 4:00 "Stump the Thumper"
- 4:00 - 4:15 Countdown, Raffle?, Door Prize
- 4:15 - 6:00 Dinner; Spaghetti, Garlic Bread and Pot Luck Salads
- 6:00 - 7:00 AA Speaker: Bob J.
- 7:00 Ice Cream Social

For more info call Jeannie E. at 209-559-7991

5th Annual Central Foothill Woman's Conference of Alcoholics Anonymous

UNITY ~ SERVICE ~ RECOVERY

Speaker:

**Catherine O.
from
Folsom, CA**



Saturday

October 1, 2011

8:30 am ~ 4:00 pm

Panel & Open Discussion on "Unity, Service, & Recovery"
Continental Breakfast and Luncheon included in Registration

American Legion Hall

12134 Airport Road, Sutter Creek, CA on Hwy. 49

Bring Last Year's Lanyards & Receive 5 Free Raffle Tickets

ADDITIONAL REGISTRATION FORMS @ WWW.AASACRAMENTO.ORG

_____ Please Fill Out Completely To Be On Next Year's Mailing List _____

Name _____

Address _____ City _____ St _____ Zip _____

Phone _____ Email _____

PLEASE Check All That Apply:

I will attend Continental Breakfast / I will attend the Luncheon

I would like to Sponsor a Donation of \$ _____

I would like to volunteer at the event this year / I would like to volunteer next year

Non-refundable Pre-Registration is only \$15.00 and closes September 15, 2011

Registration is \$18.00 at the door ~ Space is limited ~ Sorry, no children or animals allowed at this event.

Please make checks payable to CFWC and mail to: Debbie Duell-CFWC, PO Box 868, Folsom, CA 95763

Limited number of Scholarships available—submit written request in advance—call for info

For further information call/email either: Cindy @ (530) 320-0148 or email @ raidergirl63@yahoo.com
Janet @ (209) 245-5400 or email @ janetandleon@juno.com