



CNIA District 30

# Newsletter

Volume 18, Issue 12

December 2011

## Mark Your Calendar

**Copperopolis Speaker/Birthday Meeting:** First Wednesday, 7:30 pm, Lake Tulloch Bible Church, Spangler Lane, Copperopolis

**Arnold Mountain High Speaker Meeting:** First Saturday, 4 pm, Villela Hall, Arnold

**Valley Springs Fellowship Potluck Speaker Meeting:** Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall), Valley Springs

**District Business Meeting:** Saturday, January 14, 10 am, St. Matthews Church, San Andreas

**Amador County Speaker Meeting,** Third Saturday, 8 pm, Jackson United Methodist Church

**P/CPC Committee:** Wednesday, Jan. 14, 6 pm, Rodz Grill, Angels Camp

**SACYPAA Monthly Speaker Meeting:** Fourth Saturday, 8 pm, St. Mark's United Methodist Church, 2391 St. Mark's Way, Sacramento

**H&I Committee Meeting, Amador:** Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

**Winter Assembly:** Jan. 21-22, Tioga Hall, Merced County Fairgrounds, Merced CA

**PRAASA:** March 2-4, Hyatt Regency, Bellevue, WA

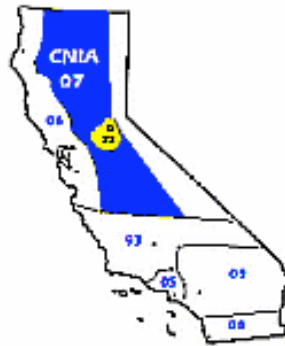
**Seniors in Sobriety International**

**Conference:** March 14-17, Hilton Garden Inn, Yuma, AZ

**NCAA Spring Conference:** March 16-18, San Ramon Marriott Hotel. San Ramon. CA

## Area 07 Elects New Trusted Servants

The election assembly in Modesto on November 19 produced a new panel of officers, including Lela M, delegate; Kelley M., alternate delegate; Vikki L., chair; Michael K., alternate chair; Jan P., recording secretary; Brent G., registrar; and Ann R., treasurer.



The elections, as usual, were lively and well attended. Several of the contests ended up "going to the hat."

This unique Third Legacy procedure ensures that no one is elected without "substantial unanimity, which in this case is 2/3 of the vote. If after several ballots, no one candidate has 2/3 of the vote, the remaining two names are put into the "hat," and the person whose name is drawn out is the one elected to the contested position.

For a complete description of the procedure, see page S21 and S22 in the AA Service Manual.

A new manual is sent to each new GSR with a GSR packet, but sometimes these arrive several months into the panel. If you are a new GSR, ask the previous GSR or another member who has participated in general service to share their manual with you. It is also suggested that you get a "service sponsor," someone to guide you through service beyond group level. ☺

## *From the new DCM . . .*

I attended the area assembly November 18-20 in Modesto with DCM Titia. This was the election assembly for the new panel of area officers and it was a wonderful learning experience of the election process as described in the service manual. Some of the things I learned at this assembly include the 2015 International Convention of Alcoholics Anonymous will be held in Atlanta, GA. The *Grapevine* has two new books available now: *Step By Step* and *Emotional Sobriety 2*. Also, The *Grapevine* e-book subscriptions were

*“Apply the three legacies in your life and in your sobriety.”*

available in December. For more information, please go to [aagrapevine.org](http://aagrapevine.org).

I had the opportunity to listen to Rod B. of Salt Lake City, Utah, who is the Pacific Region

Trustee and a member of the Navajo nation. Several things Rod said that made an impression on me were:

- Knowledge of the path is not the same as walking the path.
- Apply the three legacies in your life and in your sobriety.
- The Group Conscience is in charge.
- Never forget how the Newcomer feels!
- You cannot get to heaven without bringing someone with you. (Buddhist saying)
- When I am in spirit, there is no room for alcoholism.

Rod B. went on to quote the Shaman Black Elk, the Wisdom Keepers and Morning Dove. He also quoted the Fourth Edition, page 458 and page 14.

Friday night, there was a round-table discussion with four tables and I had the privilege of moderating one of those tables. Our topics for discussion were the 7th Tradition/H&I pink cans, and group safety at meetings. Several groups discussed mis-

understandings and usage of the pink cans and their purpose. The H&I committee in January 2010 published guidelines with detailed information concerning the pink cans. If anyone would like a copy of the guideline, contact me as I have several copies of it, or you can visit [www.handinorcal.org](http://www.handinorcal.org).

Other solutions for small donations to the 7th Tradition basket were having the Treasurer announce what the rent was for that meeting when the basket was being passed, one group suggested they had found a straw basket in the shape of a duck and they called their basket "The Two-Buck Duck" basket. Several groups talked about how they would continue to pass the basket around until the basket held enough money to pay that week's expenses. Several other groups mentioned cutting expenses such as candy, cookies and relying on members' donations. After all, the only necessary items for an AA meeting are one alcoholic working with another and a cup of coffee. One large fellowship described how they changed their meeting formats and added several new meetings including a step-study meeting which resulted in a rise in attendance throughout the fellowship.

The group safety issues revolved around problems such as property damage to the facility or members' vehicles, 13th stepping of newcomers, and unruly behavior during a meeting including breaking of member's anonymity through social networking sites during a meeting. Solutions to these problems included increased lighting in parking facilities, open and frank discussions with local law enforcement, and service positions, which consist of maintaining visual contact of the parking facility. Other solutions consist of sponsors willing to discuss AA protocol with their sponsees, following the traditions, and a willingness of all members to be aware of members who have a habit of 13th stepping newcomers and confronting those people with their concerns.

At this time, I would like to thank all the members of Panel 60 for their help these last two years while I learned and grew as the

Alternate DCM. Hopefully, the next two years while I serve as your DCM for Panel 62 will allow my continued growth with the help of the newly elected panel. I believe together we will keep District 30 a vital and vibrant part of Alcoholics Anonymous in Northern California.

Thank you for allowing me to be of service. Love and serenity, Larry A ☺

## Minutes for December 10

**GSRs and trusted servants in attendance:** Titia A., Larry A., Laurese Mc., John P., Jason R., Randy S., Paul Sa., Lou G., Curtis J., Greg A., Larry H., Linda R., Valerie D., Wayne S., Jim C., Donna S., John W., Lynn G., Deborah G., Garrett M., Mike T., Clara H., and Karin H. **Total:** 12 GSRs and alternate GSRs, 9 trusted servants and 2 visitors.

**Opening:** DCM Titia A. opened the meeting at 10 am with the Serenity. Paul Sa. read the Declaration of Unity.

Visitors were introduced: Jim C. and Clara H. AA birthdays were recognized: Linda R., 9 years, Dec. 13; Mike T., 4 years, Dec. 14; and Curtis J., 5 years, Dec. 27.

Read and discussed the Twelfth Step, Spiritual Awakening from *Daily Reflections*. **Consideration of the Minutes:** Approved with corrections: Steve H. will serve as LCM for Valley Springs/Ione. The LCM position for northern Amador County is still open. The PI/CPC committee meets on the third Wednesday of the month, odd months in Calaveras and even months in Amador.

**Announcements:** The Jackson Rancheria meetings will close at the end of December. Angels Camp 49ers will host a holiday party, Dec. 30 with a potluck at 6 pm and meeting to follow at 8. Curtis J. will be the speaker. Messengers will host a New Years Eve speaker dance with live music, raffle, and potluck. Garrett M. will become new Bridging the Gap liaison to replace Greg. A.

## Old Business

Titia announced the completion of Panel 60 and thanked everyone for his or her participation.

## New Business

**Mini-PRAASA:** District 30 will host the assembly with help from District 22 in Placer County, October 19-21, 2012. Titia volunteered to be assembly chair. New guidelines from area will affect choice of venue: Need at least 5000 square feet of meeting space and at least 150 parking spaces. Suggestions include Ironstone Winery in Murphys, Amador County Fairgrounds, and St Catherine Braxell Center in Jackson.



## Trusted Servant and Committee Reports

**DCM:** Thank you for letting me be of service the past two years. I loved being part of this group, and I learned a lot. It was not what I expected two years ago. I wasn't abler to put my name forward in area elections after all because I need to be committed to my work right now.

District 30 had 13 people in attendance at November's election assembly. The 2012 budget was passed and new trusted servants were elected: Lela M., delegate, Kelly M., alternate delegate; Vicky R., chair; Mike K., alternate chair; Jan P., recording secretary; Annie R., treasurer; and Brent G., registrar. All positions were hotly contested with three going to the hat. Pacific Regional Trustee Rod B. from Salt Lake City facilitated the elections.

A Class A (non-alcoholic) trustee, director of the department of corrections for the state of Texas, was a guest speaker. He has served with the General Service Board since the 1970s. He reported that 80 percent of prisoners are incarcerated because of drug and alcohol problems. With the tightening corrections budgets and early release and transfer

programs, many of these inmates will probably be released back into the communities and represent a tremendous opportunity for AA to help.

**LCM San Andreas/West Point:** No major problems to report. I have noticed a drop off in attendance at all meetings. Paul S., LCM

**Secretary:** I apologize for getting the snail mail labels wrong. I tried to take a software shortcut that didn't work out. If you did not receive your copy, please let me know. Everyone will receive a copy of the December issue. Thank you for letting me serve as your secretary and newsletter editor for this panel. Thank you, Valerie D., for your willingness to take on this service for Panel 62! Karin H., secretary/newsletter editor

**Treasurer:** The Group Contributions were quite low in November. The Unity Day Chair returned \$206.19 back to the District for a total of \$91.79 spent on this year's event. The DCM has once again kept her expenses lower than the budgeted amounts! Our overall expenses were very low in November, as expected during this slow time of year. Our new treasurer is ready to jump in, hooray, Randy!!! Thank you all so much for allowing me to continue to serve the District. Laurese M., treasurer



**Hotline:** Activity on the District 30 hotline continues to be healthy. For example, the local line took 65 calls over the last billing cycle! Thank you for the opportunity to serve over the past two years. I will work with Debbie to ensure a smooth transition. Enjoy your sobriety! Deborah G., Hotline Chair

**Webmaster/Directories:** The next directory update will be in April 2012. I am researching new software for our website to replace the older software I am now using. With the new software, I would be able to redesign our site using the latest technology.

The existing FrontPage software I'm using is 12 years old. I suggest we discuss the website and any issues under "New Business" at a future meeting.

I'm haven't been able to find someone to take over the website, but I am willing to continue as District 30's webmaster until I am able to find a replacement. I have been doing this for at least 4 four years and I do believe in "the spirit of rotation."

I would like to turn over the Directories at the end of this Panel. Wayne S has volunteered to take this on and I am transitioning with him.

Please, let me know of any meeting changes as soon as possible as I update the meeting directory on the district website on a continuing basis and revised copies are also sent by e-mail to the Hotline chair for distribution. John P., webmaster

**PI/CPC:** Unfortunately the health fair in Copperopolis was not well attended. We will continue to meet on the third Wednesday of each month – odd months in Calaveras and even months in Amador County. Donna S., PI/CPC chair

## Liaison Reports

**Bridging the Gap:** We meet the last Thursday of the month at 2:30 at Changing Echoes. We do a BTG presentation, share our experience, strength and hope, show the video *Hope*, and collect requests for contacts. The area is working at standardizing the cards used for this purpose. We are getting more and more feedback that people *are* getting hooked up. Greg A., chair

**Gold Country Roundup:** The next meeting will be the third Tuesday in January at the Senior Center in Jackson. Volunteers are needed as well as a GCR liaison to District 30.

## Adjournment

We collected the coffee contribution, recited the "Responsibility Statement," and adjourned at 11 am in order to enjoy our holiday potluck. The next meeting will be January 14.

## Group Reports

**Angels Camp 49ers Group:** Everything

is going great. Dan is doing a good job as a new secretary. Our attendance is good people are doing great and people struggle but most of all we stay sober. Lou G. GSR

**Angels Camp Men's Freedom From Alcohol Group:** All is well at the Men's Freedom from Alcohol group. Our numbers a down just a little bit do the winter season. Come and visit us. Mike T. GSR

**Arnold Thursday Night White Pines Group:** All is well in White Pines. Randy E. and Jennifer have been handling secretary duties. Nicole continues to be of service as coffee maker. The room has been full throughout the month, even on Thanksgiving and the Thursday when the power was out. Two of our most recent newcomers just celebrated 30 days of sobriety! My term as GSR will be up in December, so far there has been no interest in having a new GSR step up, but I will continue to announce it. Al V., our treasurer, says group finances are solvent and he is getting ready to make disbursements; we may have a business meeting to discuss the percentages for distribution. I have learned a lot while being GSR for the group. Thank you for letting me be of service and helping me stay sober. Jason R., GSR

**Mountain Ranch Fellowship:** All is well in Mountain Ranch. We have picked up a few newcomers. Hopefully, they may stay around and get the message. Money wise we are doing all right. The Monday meeting can still use support. Paul S., GSR

**Murphys Brown Baggers:** The meeting continues normally with good sharing from 25-35 attendees and excellent chairs. The home baked cookies are a regular treat and a great service contribution from one of our members. The search for a panel 62 GSR has begun with some interest and inquiries from potential candidates. Randy S. GSR

**Murphys Group:** It has been more difficult to attend an evening meeting with my job. However, I have seen a great attendance at the Monday meeting. The Birthday meeting was full and our entire attitude was excellent and grateful. Still no step-up of a possible GSR.

The facility owner has asked for an insurance rider for the meeting. We are still working on that. Thanks for letting me be of service. Valerie D., GSR



**Murphys There is a Solution Group:** The meeting continues to remain strong with 25-35 in attendance. Financially we continue to operate in the black. Service volunteerism remains strong, each member seems to be willing to step up to service as needed. The spiritual theme of the meeting seems to flourish and flow. As one of our member's comments, "Don't mess with the flow." Somebody continues to show up in each meeting -- a mosquito. Wayne S., GSR

**Jackson Rancheria Fellowship:** Tuesday December 27<sup>th</sup> will be the last meeting at the Rancheria Fellowship. Due to circumstances beyond our control we are forced to discontinue this meeting. Thanks to all how have supported these meetings. Thanks to the Jackson Rancheria Hotel and Casino for allowing us to have our meetings there the last 4 1/2 years. We will be looking for a new meeting place. Thank you, Larry H., GSR

**Sutter Creek Men's Group:** Sutter Creek men's speaker meeting is holding steady at ten men in attendance. The speakers have been excellent and we enjoy a rich fellowship with decades of history. John W., GSR ☺

**Check out the  
District 30 website  
[cni30.org](http://cni30.org)**

## Treasurer's Report for November

<b>Income</b>	<b>as of November 11</b>
Group Contributions	\$ 275.00
Personal Contributions/Other Income	39.00
Unity Day Reimbursement	206.00
<b>Total Income</b>	<b>\$ 520.00</b>
<b>Total Expenses</b>	<b>\$ 122.00</b>
<b>Income less Expenses</b>	<b>\$ 398.00</b>

	<b>as of November 31</b>
Checking Balance	\$ 6414.86
Savings Balance	2801.71
<b>Total</b>	<b>\$ 9216.57</b>
Prudent Reserve	( <b>\$2,500.02</b> )
<b>Available Funds</b>	<b>\$ 6716.57</b>

# WINTER ASSEMBLY - CNIA AREA 07

Saturday, Jan. 21 - Sunday, Jan. 22, 2012

Hosted by District 36

MERCED COUNTY FAIRGROUNDS - TIOGA HALL

900 Martin Luther King Jr. Way

Merced, CA 95341

Map and directions on reverse

ON-SITE REGISTRATION BEGINS AT

9:00 A.M. SATURDAY

ASSEMBLY STARTS AT 12:00 NOON

For more information contact: [winterassembly@cnia.org](mailto:winterassembly@cnia.org)



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